

# Hamilton Cycling Club

The Newsletter of  
the Hamilton  
Cycling Club,  
Promoting Cycling  
and an Active  
Lifestyle Since 1889.

January 2008

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## 2007 Awards Banquet

*by: Editor*

Every year countless cycling awards, medals and jerseys are handed out all over the world. Some recognize achievements such as winning a national championship, others world championships, some as simple as a level of the sprockids development program. In early December of every year the Hamilton Cycling Club takes the opportunity to award its own medals



*Ken Wilson awarding Senior 15km Time Trial Champion Trophy to Mirek Mazur*

As per the last several years the banquet was held at Slainte Irish Pub in downtown Hamilton. After the meal and a pint (or two), club president Chris Kiriakopoulos addressed the club reflecting on the past season and how successful the club was organizing the Good Friday Road Race and the Valley Park Cyclocross event. He thanked the membership for all their help volunteering at these events and making them a success.

Chris looked forward to the coming season as well, noting how the races the club organizes will only be bigger and better this season. The Westover-Strabane classic will once again open the road racing Ontario Cup series, though a week later in anticipation of favourable spring weather. The Valley Park cyclocross race date is as of yet unconfirmed, but look for a mid-September race date.

After the president's address it was time for club treasurer Ken Wilson to distribute the awards. All awards are based solely on rider's individual performances, either through their clocked time in a time trial, or finishing position in a mass start race. Mirek Mazur won best senior male 15km time trialist for his lightning fast White Swan time trials, including one that broke the club course record. Another special recipient was Garth Logan of the Hogben 40km time trial plaque. Garth was involved in a serious accident in 2006 at the White Swan time trial course. Garth's victory at the Hogben is a good sign of his return to form.



*Left: Mark Harvey receiving Most Improved Rider, Mat Gallo was awarded cadet 15km Time Trial Champion*

The notable exception to the “cut-and-paste” award winning procedure is the most improved rider plaque. While results play a role in deciding who will receive this trophy, it could be considered a committee's choice. The club executive discuss, often in great length and detail, who is deserving of the trophy. The trophy reflects significant improvement in time trial results and road race placings. This award could also be called the hard-work award, it honours a rider who has put in the effort training to achieve better results. The Hamilton Cycling Club was pleased to award the Most Improved Rider trophy to Mark Harvey of Brantford. Mark showed incredible improvement this season, knocking over seven minutes off of his Hogben 40km time and standing on the podium in several club races.

To see a list of award winners turn to page 6. Congratulations to all the club award winners and also to members who achieved significant results at races around the world this year such as Don Sloan in Scotland to Mike Hruska at criterium provincials in Ottawa.

## Don Sloan III

Long time club member and former club president Donald Sloan has recently been diagnosed with a recurrence of cancer. Many of us know Don as an enthusiastic, dedicated member of the club who is always willing to volunteer his time and considerable experience to club events. The club wishes him a complete and speedy return to good health. He is currently at home but limited in what he can do.. Visitors would be appreciated at his Brantford residence, but please call first.

## Westover-Strabane Classic

*By: Editor*

April 13, 2008 will mark the opening race of the Ontario Cup road race series, proudly organized once again by the Hamilton Cycling Club. The race affectionately nicknamed “Not the Good Friday Road Race” will be held on the same course as last year's Good Friday Road Race.

Currently plans are being finalized to offer an even more exciting racing experience. Possible changes include a start/finish directly on Brock Road, a rolling enclosure to eliminate the need for the yellow line rule, and indoor registration and bathrooms.

Breaking news is a confirmed change in parking/staging area to McCann Dog Training on Brock Road. The owner of the property has generously allowed the club to use his asphalt parking area for race parking and staging of races and race vehicles.



*McCann dog training facility on Brock Road*

With the anticipated large size of this event, there will also be a large need for volunteers. A later date should mean much more pleasant weather than last year and an opportunity to take in a few great bike races while helping out your club. If you really want to be part of the action and have a suitable vehicle consider being a driver in the race caravan. HCC is happy to offer a \$0.25/km refund to compensate for gas expenses.

To be part of this exciting race and the biggest event of the season contact any member of the executive and they would be happy to tell you where there is a need for your services.

**Hamilton Cycling Club**  
**Annual General Meeting 2007, Presidents Report**

Welcome. It's hard to believe that 2007 is over, and we are together to lay the foundation for 2008. In preparing for our annual Awards Banquet I am always reminded of how much we actually do as a club. Besides our flagship events - "Good Friday" on the road, and the "Valley Park Cyclocross Races"- our club has enjoyed tremendous growth in our youth Mountain Bike programs while maintaining HCC's traditional road program – weekly "White Swan TT's" and various weekend road events. This is a testament to our dedicated volunteers.

I would like to take this opportunity to thank my executive - Wayne, Martin, Rob, Ken and Vince. Their time and thoughtful contribution to the planning and execution of club activities is reflected in our successes. Your executive has stepped up to face challenges, finding solutions with a positive attitude. A growing challenge is getting timekeepers and marshals for our weekly and weekend time trials. Increasingly your executive needs to fill those positions while forfeiting their ride. Already we have begun discussing how we can line up timekeepers more effectively. Your new executive will continue these discussions and publish details on how the membership can get involved.

A word of appreciation also goes out to our community partners who supported us in 2007. The City of Hamilton, who provided funding to cover policing at Good Friday and Cooper Tires who supported us with needed trucks, tents, and promotion. The Pro Dealer Family Fun Zone elevated the "Valley Park Cyclocross Races" status to an "event" rather than just a bike race.



*Chris delivering the President's Address*

2008 promises to be an exciting year. Our Westover-Strabane Road Races will again be the Ontario Cup season opener. It's an Ontario Summer Games year for our youth, and with cyclocross interest on the rise our Valley Park Races will no doubt get bigger and better. Interest from new sponsors is encouraging and should lead to improved funding and promotion for our projects.

Happy Holidays everyone. And thanks for being part of the Hamilton Cycling Club.

Chris Kiriakopoulos, President

## 2007 AGM Report

By: Editor

The Royal Coachmen played host to the Hamilton Cycling Club's annual general meeting on December 9, 2007. The club treated members to lunch and a beverage before the task of reviewing the year and electing new officers began.

President Chris Kiriakopoulos reiterated a few points from his address at the awards banquet and outlined his plans for the youth program of the club, to attend some of the O'cups and the 8x12 races in St. Catharines.

Vice-president Wayne Atanas spent a few moments during his report thanking Chris for all the work he did over the past year. Chris had hip surgery and spent an enormous amount of his recovery time filling out applications for the club and promoting the club to potential sponsors.

The financial report was given by treasurer Ken Wilson who portrayed a healthy financial picture for the club. A large grant from the city to help cover policing expenses incurred for the Good Friday Road Race made that endeavor very profitable for the club, as was the Valley Park Cyclocross race.

Rob Zych as membership secretary is responsible for processing all applications and ensuring information is up to date and correct. He reported the membership was up from the year before and many new members had purchased jerseys.

The roles of racing secretary and publicity director are jointly filled by Martin Reid. His comments described a race schedule similar to the past year, with plans to introduce a new weekly race if a suitable course can be found.

All executive positions were filled by the incumbents except for assistant race secretary. Henry Dudko is welcomed aboard as new assistant race secretary, and will together with Martin set the race schedule for the season and organize timekeepers and marshalls.

President	Chris Kiriakopoulos	Hamilton	clkiriakopoulos@cogeco.ca	905-544-7592
Vice-Pres.	Wayne Atanas	Hamilton	wmatanas@yahoo.com	905-574-8603
Treasurer	Ken Wilson	Ancaster	kwilson216@cogeco.ca	905-304-5625
Membership Secretary	Rob Zych	Hamilton	rzych2@cogeco.ca	905-547-6902
Racing Secretary	Martin Reid	Hamilton	martinreid@cogeco.ca	905-577-9922
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Newsletter	Vince De Jong	Brantford	vdejong@gmail.com	519-209-6121
Publicity Director	Martin Reid	Hamilton	martinreid@cogeco.ca	905-577-9922

## Club Clothing Available!!

The Hamilton Cycling Club has a large stock of clothing available. A big order went into Louis Garneau last season and there are jerseys, skinsuits and shorts (with upgraded chamois!!) in all sizes. At a discount some old style shorts and one small skinsuit are available. In addition Good Friday t-shirts (size small and medium) and Good Friday sweatshirts are also for sale. Contact Ken Wilson to purchase any of these items or to check availability.

## HCC 2007 Award Winners

**Jamie Kerr Memorial Best Overall Champion** - 1st Mark Harvey, 2nd Carl Clarke, 2nd Chris Komar (equal points)

**BAR Seniors** - 1st Mark Harvey

**BAR Masters** - 1st Doug Taylor, 2nd Wayne Atanas

**BAR Master Women** - 1st Mary Clare Haley

**Senior TTC** - 1st Henry Dudko, 2nd Mark Harvey, 3rd Mirek Mazur

**Master Men TTC** - 1st Joseph Harris, 2nd James Hutchinson, 3rd David Wooley

**Master Women TTC** - 1st Mary Claire Haley

**Andy Keyes 100km RR - Ayr** - 1st Chris Komar 2:50:40, 2nd Mark Harvey 2:50:40, 3rd Marie Claire Haley 2:55:00

**Nella 40km TT Binbrook** - 1st Mirek Mazur 53:58, 2nd Dave Wooley 58:23, 3rd Jim Hutchinson 58:43

**Hogben 40km TT Falkland** - 1st Garth Logan 57:56, 2nd Henry Dudko 57:59, 3rd Mark Harvey 59:56

**Fastest 15km TT** - Mirek Mazur 19:40

**15 km TTC Senior** - 1st Mirek Mazur 20:12, 2nd Mark Harvey 22:16, 3rd David Enns 24:36

**15km TTC Vets** - 1st James Hutchinson 19:32, 2nd Doug Taylor 20:10, 3rd Dave Wooley 20:50

**15km TTC Cadets** - 1st Matt Gallo 22:25

**Most Improved Rider** - Mark Harvey