



THE HAMILTON CYCLING CLUB - Constitution & Rules

Republished Feb. 2005
Revised Nov. 1994, Nov. 2009

1. Name

The name of the club shall be The Hamilton Cycling Club.

2. Objectives

The objectives of the club shall be to foster, encourage and promote racing, touring and mountain cycling and shall affiliate with the national and provincial bodies with similar aims.

3. Membership

Membership shall be open to any applicant with the exception of those who are suspended or out of standing by or with a provincial, national or international athletic organization, or another cycling club, or who flagrantly breaches the constitution and rules of the club, may be suspended or denied membership in the Hamilton Cycling Club at the discretion of the executive.

4. Executive Officers

- 4.1 The executive officers of the club, who shall be elected each year for the term of one year at the Annual General Meeting, will be as follows:

President

Who shall direct the activities of the club and act as the chair at all meetings of the club including the executive meetings

Vice President

Who shall assist the president and assume the president's duties in the president's absence.

Secretary

Who shall record the minutes of all club meetings and ensure its entry into the club newsletter as well as attend to the correspondence of the club.

Racing Secretary

Who shall organize and action any duties or requirements pertaining to all racing within the club.

Touring Secretary

Who shall organize and action any duties or requirements pertaining to all touring within the club.

Recreation Director

Who shall organize recreational and entertainment events for the membership.



Youth Director

Will promote and direct the club youth program

Director at Large

Who shall be part of the executive with an open position. Who will organize and action any duties as they arise.

Newsletter Editor

Who shall publish and distribute periodic newsletters to all members in so far as is possible or otherwise directed by the executive committee.

Treasurer

Who shall record all financial transactions of the club and be the custodian of the club bank account

Membership Secretary

Who shall encourage membership, maintain membership records and issue membership cards as required. Who shall complete all OCA documents pertaining to membership.

Publicity Officer

Who shall issue directives to the web site, issue press releases as directed by the Executive and generally promote the club.

Web Masters

Person or persons who maintain the club website. Two of the web masters must be executive members.

5. Management

5.1 The management of the club affairs shall be governed by the executive committee, which shall consist of the officers of the club. Club affairs are defined as the normal business of running the club within concepts laid out in the constitution, rules and records. It shall not include purchase of real property, borrowing of money or anything contrary to the objectives of the club.

5.2 The executive committee shall endeavor to meet monthly in order to conduct club affairs. A quorum of two thirds of the elected officers is necessary. All decisions shall be based on a majority vote.

5.3 A summary of the minutes of executive committee meetings can be made available to the membership.

5.4.1 Officers of the committee shall account to the committee for their actions and activities in the period since the preceding meeting.

The treasurer shall open and operate a bank (or similar financial institution) account in the name of the club. Signing authorities shall be in compliance with the articles of incorporation but in any event not less than two elected officers so designated, one of whom shall be the treasurer.



No liability shall be incurred by any officer of the club nor shall those with signing authority have authority to pay any bill, which exceeds \$500 that has not been authorized by the executive committee as to the purpose and amount.

The executive is empowered to fill vacancies in the committee caused by the resignation or other loss of one of its member or by the failure of the AGM to elect same.

The executive shall set fees for membership in the club and for club events. The executive is empowered to make members of the club honorary members.

6. Constitutional Changes

- 6.1 The club constitution and rules may only be amended by two thirds of the club members present at the Annual General Meeting or at an extraordinary meeting voting in favour of such a motion.
- 6.2 Any proposed changes or additions to the club constitution and rules must be published and distributed to the club members fourteen (14) days preceding the Annual General Meeting or the proposed extraordinary meeting. Such publication shall be either by way of the club newsletter or, if necessary, by written notification to each club member (with permission of the executive).

7. Annual General & Extraordinary Meeting(s)

- 7.1 The Annual General Meeting of the club shall be held in November or December of each year for the purpose of electing club officers, amending the club constitution and attending to the general business of the club.
- 7.2 An Extraordinary Meeting shall be held either...
 - a) at the behest of the executive committee or
 - b) at the written request (submitted to the executive) of 10% or more of the membership in good standing.
- 7.3 Meetings shall be conducted in compliance with the constitution and rules of the club and Rules of Order - the former taking precedence over the latter.

8. General Rules

The membership year will run from April 1 of the current year to March 31 of the following year.

- 8.1 Any member from the previous year shall cease to be a member if they have not paid their membership fee by April 1 and shall not receive further correspondence from the club. New members joining after August 1 of the current year will have their membership extended to March 31 of the following year. The membership fee of new members after August 1 may be reduced at the discussion of the executive.
- 8.2 All members shall take it upon themselves to actively promote the club in all aspects and shall endeavor to recruit new members.



- 8.3 Family memberships shall be available to all members, with the fees set by the executive committee each year. All members of the family will be allowed full voting and membership privileges.
- 8.4 An honorary member is an individual who has proven himself worthy of a lifetime membership with full voting and membership rights. All present or past club members who have won first place in a Canadian Cycling Championship shall be an honorary member. Other outstanding candidates can be nominated by club members and decisions will be made by the executive.
- 8.5 Club members shall obey all rules of the road as laid out under the Highway Traffic Act and for the purposes of racing and touring as laid out by the Ontario Cycling Association.
- 8.6 The official club jersey will be red with white and blue and display Hamilton Cycling Club on the front and back.
- 8.7 Membership/Racing categories for Men and Women shall be:

Squirt

9-10 years of age as of December 31 of the current year

Peewee

11-12 years of age as of December 31 of the current year.

Minime

13-14 years of age as of December 31 of the current year.

Cadets

15-16 years of age as of December 31 of the current year.

Juniors

17-18 years of age as of December 31 of the current year.

Seniors

Over 18 years of age and under 35 years of age as of December 31 of the current year.

Veteran A

Between 35 and 44 years of age as at December 31 of current year.

Veteran B

Between 45 and 54 years of age as at December 31 of current year.

Veteran C

Over 54 years of age as at December 31 of current year.



8.8 Other Membership groupings

Family

A grouping membership for fee purposes - over and above the individual member's age and gender category.

Honorary

A status bestowed on a member over and above their age and gender category.

Membership fees for all categories shall be set each year by the executive committee after the Annual General Meeting in November and before December 31 of the same year.

9. Racing Rules

9.1 Eliminate all of 9.1.

9.2 Participation in club championship road and track events will be open to members of the Hamilton Cycling Club only. This is to eliminate possible outside interference from non-members, which may influence the outcome of an event. This does not apply to time trial events so long as a non-member's time does not influence the outcome of a time trial event.

9.3 All club members must wear an ANSI, Snell or CSA approved bicycle helmet while participating in official club cycling activities.

9.4 Club championships will be as follows...

Overall Best All Round Champion...to be decided on a points basis of the overall performances in all club events. As follows:

- All club road races
- All single event hill climbs
- All 40km TT (for categories over 18 years of age only)
- All 80 KM TT's (if applicable, and categories over 18 years of age only)
- All 20 KM TT's (for categories under 19 years of age only)
- Average of best 2 times on each of 2 15 KM ITT courses (if 1 course uses, best 3 times to be used)
- Average of best 3 times over season hill climb series
- Any other club organized 1 day ITT's, ITT series, Hill Climb, or Hill Climb series

The first ten places in each designated confirmed event will be awarded points on the formula often points for first place down to one point for tenth place. Points are awarded to the individual in this B.A.R. event irrespective of category.



Category B.A.R Champion

For each category in Section 8.7 above, a Best Overall Champion is decided based upon total points accumulated in his/her respective category. Points are awarded for first 10 riders starting at 10 points down to one point. Events included in the Category B.A.R. are as follows:

- All club road races
- All single event hill climbs
- All 40km TT (for categories over 18 years of age only)
- All 80 KM TT's (if applicable, and categories over 18 years of age only)
- All 20 KM TT's (for categories under 19 years of age only)
- Average of best 2 times on each of 2 15 KM ITT courses (if 1 course uses, best 3 times to be used)
- Average of best 3 times over season hill climb series
- Any other club organized 1 day ITT's or ITT or Hill Climb series

Category Time Trial Champions

For each category in Section 8.7 above, a time trial champion is decided based upon total points accumulated in his/her respective category. Points are awarded for first 10 riders starting at 10 points down to one point. Events to be included in the Time Trial Championship are as follows:

- All 40km ITT (for categories over 18 years of age)
- All 80 KM ITT's (if applicable, and categories over 18 years of age)
- All 20 KM ITT's (for categories under 19 years of age only)
- 15 km ITT Club Championship night result (see seasonal calendar for particular night in each season)
- Any other club organized one-day ITT's or ITT series (excludes Hill Climb series).
- A minimum of three results in above events must be obtained to qualify.

15km ITT Series Champions

For each category in 8.7 above, average of best two times on each of 2 15km TT courses

Fastest 15 KM ITT

Awarded to fastest 15km ITT on each course used in the season. Time obtained during weekly 15 km ITT series on the regularly used course as defined in the seasonal calendar.

Hogben ITT Trophy

Fastest 40km ITT time obtained in Second 40km ITT on the seasonal calendar. See seasonal calendar for exact date.

Nella ITT Trophy

Fastest 40km ITT time obtained in Second 40km ITT on the seasonal calendar. See seasonal calendar for exact date.

Andy Keyes Trophy

First HCC rider to cross the finish line in the "long" road race of the season. See seasonal calendar for exact date.

Hill Climb Series Champion

For each category in 8.7 above, average of best 3 times achieved over the weekly hill climb series.



Points will be awarded on the basis of 10 points for first place down to one point for tenth place in each category. The winner of each category will be the individual who accumulates the greatest number of points over the year in the qualifying events.

Track Championships... will be held over the following criteria:

Match Sprint (two up sprinting), 1,000m Time Trial, 3000m Time Trial, and 10,000 m Massed Start. Points will be awarded for the first four riders, regardless of category, on the basis of four points for first place to one point for fourth place. The rider accumulating the most points will be the Club Track Champion.

- 9.5 Riders will compete in their own category with the exception of the Overall B.A.R. Championship and the Track Championship -these events are open to all categories. Male and female veteran and junior members are permitted to ride in the senior category if they so wish. Male and female cadet members are permitted to ride up to the junior category. In all cases, this must be determined before riding their first event of the season and must continue throughout the season.
- 9.6 Deleted.
- 9.7 There is no set minimum number of riders in a category for either the Time Trial Championship or the Best All Round Championship.
- 9.8 The club will recognize records for the following distances...

ROAD

- 10km Time Trial
- 15km Time Trial (course by course)
- 40km Time Trial (course by course)
- 80km Time Trial
- 100km Time Trial

TRACK

- Flying 200m
- Standing Start 500m
- Standing Start 1000m
- Standing Start 3000m
- Standing Start 4000m

- 9.9 The following regulations will apply for the recognition of all time trial club records...

Times obtained in club events will be recognized provided that an accurate timing device (such as a stopwatch) and a standardized system of measurement have been used. All official times obtained in open events will be recognized provided that these are in accordance with the club rules.

A turn marshal must be present (if applicable) for a time trial record to be recognized.



9.10 Deleted

9.11 All members who participate in club events and earn points which would make them eligible for the club B.A.R. or Time Trial Championships must be fully paid up members of the club to receive these awards. Should a member join after April 1, standing in an event will only be recognized for those events after date of joining the club.