

HAMILTON *Cycling Club* Inc

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Issue Four- Friday, July 31, 2009

Newsletter #4

Guy VanKrimpink

HCC sponsored Elite MTB racer Guy VanKrimpink is having a great season. He completed the Good Friday Sr 1 Road race, in the main pack. At the Mansfield Ocup he placed 17th, Albion Ocup 18th, Hardwood Can Cup 26th, Boler 26th. He has also done well at the Local Citizen events: Tour De Pelham 2nd, Paris Ancaster 11th, Lake to Lake 2nd, 1st in his age group, Liberty 8x12-1st and 2nd This is his first year racing in Elite and is creating much interest in his racing especially around Niagara. Guy is involved in the HCC youth development program and will be riding with our youth on some training rides on the Liberty bike course on Wednesdays to assist the youth in preparing for the Liberty 8x12 MTB races. If you would like to ride with Guy check out our youth calendar and come out on Wednesday night.

The Buckwallow O-Cup

Mountain Bike Race held Sunday July 19th.

-Adrian George – Plate #2011 – finished 19th in the Cadet Sport class

-Nick Jones – Plate #3028 – finished 15th in the Minime class

-Jordann Jones – Plate #3876 – finished 20th in his first O-Cup race in the Pee wee class.

Track conditions were ideal for race day and as always the competition tough. The course was extremely fast on the double track and very technical on the single track with extremely narrow trails and short steep descents over large granite boulders. Adrian didn't have his best day and re-injured his wrist in a fall on the first lap, otherwise he would have

The H.C.C. annual awards banquet will be at Collins Brewhouse in Dundas on November 7th 2009. More details to come. Make sure you come!

done much better. He did tough it out and finish the race.

All three boys enjoyed their races and were looking forward to the next O-Cup race in Midland August 9th.

After the race the boys headed out and spent the rest of the day at Hardwood Hills - getting another 40 kms of riding in and a well deserved nap on the way home.

Other Races

Hamilton Cycling Club's Patrick Hennessy placed 5th overall on the fast and technical course at the Chin International Bicycle races in the Cadet category On July 1st. Patrick is a new member of our new youth program, look out for him and others at our events.

H.C.C. rider Chris Eckart came in 15th place in the Sportif race at the Ontario Provincial Road Race.

Cycle for MS

On Saturday July 4, the Cycle for MS Team held a 17.6 km ITT on the rolling roads north of Campbellville. All proceeds from the event were donated to the MS Society of Halton Region. The course features quiet rolling hills plus some fast straight sections. Although it was a bright sunny morning, the conditions were tough as the wind was blowing from the north at 25-30kph. HCC had a great turnout as Wayne, Ken, Shelly, Richard and Tony participated. Pav Stonojevic had the best time with a smoking fast 24:03. Pav is a very strong TT rider and former Ontario Medalist at the discipline. Thanks to all riders for coming out. Cycle for MS is planning on running another ITT at the end of August. -Results on next page

Q- Do you know the hardest part of learning to ride a bike?

A- The pavement.

Q- Any good Cycling jokes?

A- [Send them](#) to us to put in future newsletters.



Old HCC Trophy

A Piece of History

We have been contacted by a lady in Texas who is in possession of a trophy that was awarded to the Hamilton Bicycle Club on July 1, 1889, from an event called the CWA Meet in St. Catharines.

She thought it was a samovar, a device for brewing tea, but it turns out that it is just a water urn...but quite a unique item in any event.

I have a couple of local Historians I know looking into the origin and any available history of the urn. Plus, I have been told that Paul Wilson of the Hamilton Spectator (historical columns) may be interested in writing about it.

I sent the lady in Texas a picture of the Hamilton Bicycle Club circa 1890 and she is very happy to have it. She is going to send me some more detailed photos. We are also talking about how the HCC may get possession of the trophy in the future. :-)

I'll let y'all know how the story develops.

-Ken Wilson
Treasurer

Thanks Ken for a very interesting article, I bet everyone will be excited to hear how this turns out!

Clothing!!!!!!!!!!!!!!!!!!!!!!!!!!!!

The new kits are in. Anyone interested in buying clothing can contact Ken Wilson at kwilson216@cogeco.ca or call (905) 304-5265. Sizes: Jerseys: XS-XL \$60, Standard Shorts: XS-XL \$55, Bib Shorts: S-XL \$60

Wednesday

Wed. August 5 Liberty bike race

Wed. Aug. 12th HCC Youth ride in St. Catharines

Wed. Aug. 19th Liberty bike race

Wed. Aug. 26th Liberty bike race awards, Montebello Park St. Catharines

Wed. Sept 2nd HCC Youth ride at Valley park, Hamilton

Wed. Sept. 9th HCC Youth ride at Valley park, Hamilton

Wed. Sept. 16th HCC Youth ride at Valley park, Hamilton

Wed. Sept. 23rd HCC Youth ride in St. Catharines

Group rides (watch for more rides to be added soon)

-Sunday: Road bike leaving from All the Right Gears at 9am

-Mountain bike leaving from Freewheel cycle at 8am

-Monday: Road bike leaving from Brant Cycle

-Mountain bike (women/beginners) leaving from Freewheel cycle at 6pm

-Tuesday: Road bike leaving from Ancaster Cycle at 5:45pm

UPCOMING EVENTS!

THERE ARE SO MANY EXCITING EVENTS TO LOOK FORWARD TO THIS YEAR.

Time trials on white swan road are great fun races for people of all ages to enjoy- Every Tuesday.

The Sydenham Triple Hill Climb is a challenging race uphill X3! Every second Thursday starting May 14.

Ice cream bike ride is every second Thursday in between the Sydenham hill climb. Tons of fun but most importantly there is ice cream at the end so bring a toonie at 6:30 to the bottom of Sydenham every second Thursday

Stanojevic	Pav	Healing Cycle	00:24:03
Woolley	David	Cycle for MS	00:25:12
McCormick	John	The Hub	00:25:32
Van Arragon	John	The Hub	00:25:55
Burton	Tim	MBRC	00:26:03
Morelli	Tony	HCC	00:27:04
Drenters	Matt	BCC	00:27:09
Perrin	Pierre	Cycle for MS	00:27:27
Moore	Mike	Gears	00:27:38
Wilson	Ken	HCC	00:29:31
Bartolo	Richard	HCC	00:30:19
McKee	Shelley	HCC	00:30:29
Atanas	Wayne	HCC	00:30:32

Ride for MS Results Δ

-Tuesday: Time trial White Swan road 7pm

-Wednesday: Road bike (advanced) leaving from All the Right Gears

Mountain bike youth/family alternating between liberty bikes, valley park and St. Catharines.

-Thursday: Road bike leaving from Ancaster Cycle at 5:45pm

-Mountain bike leaving from Freewheel cycle 6pm

-3x Hill climb at Sydenham every second Thursday

Club Records

Binbrook 40km TT - Male: Mirek Mazur - 53:58 (2007) HCC
 Darko Ficko - 51:50 (2007) Assoc.
 Female: Naomi Cermak - 1:05:59 (2006) HCC
 Jessica Spence - 57:08 (2007) Assoc.
 Falkland 40km TT - Male: Mirek Mazur - 53:45 (2003) HCC
 Female: Naomi Cermak - 1:07:47 (2006) HCC
 Heather Davidson-Mein - 1:00:10 (2007) Assoc.
 White Swan Road 15 km TT - Male: Mirek Mazur - 19:40 (2007) HCC
 Charlie Bryer - 19:13 (2008) Assoc.
 Female: Susan Palmer - 20:47 (2004) HCC
 Sydenham Hill Climb 1.3km - Male: Dave Enns - 4:05 (2008) HCC
 Jonathan Prosser - 3:23 (2008) Assoc.
 Female: Brooke Biggs - 5:05 (2008) HCC
 Weirs Lane Hill Climb - Male: Dave Wooley - 4:25 (2008) HCC
 Female: Marva Taylor - 9:04 (2008) HCC
 Snake Road Hill Climb - Male: Rob Chesky - 6:13 (2006) HCC
 Jonathan Prosser - 5:51 (2006) Assoc.
 Female: Naomi Cermak - 7:18 (2006) HCC

Any member of the H.C.C. who breaks any of the current standing records will have the following year membership paid by the club, and an award at the banquet!

The format of the records will be changed for next month so they are easier to read.

Thank you to all contributors of the newsletter. Keep up the good work.

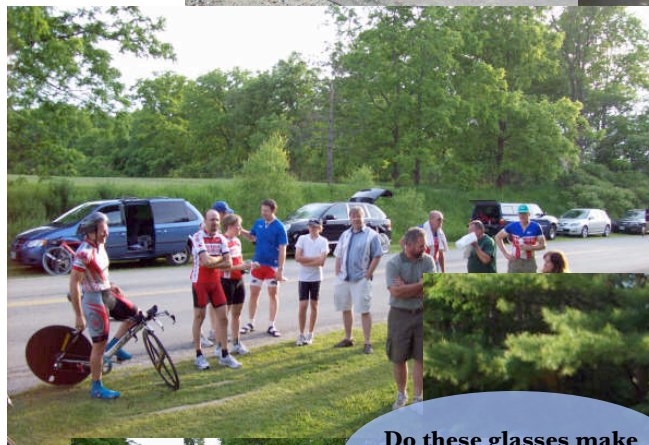
Thanks,
 David mackie
 -Editor

Done the race and everyone is still on their bikes! >

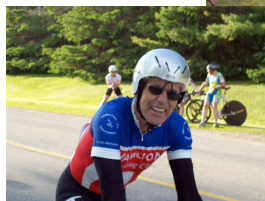
Should be another fast time trial on White Swan road today- the wind and the temperature is perfect



Wow, the HCC guys look really fast- I wish I was on their team



Do these glasses make me look faster?



Cool cycling jersey- You look super fast with it on